

Grossmont Healthcare District

Annual Report
2021



Grossmont
Healthcare
District





Table of Contents

Letter from the CEO	3
Your Healthcare District at a Glance	4
The Community's Local Hospital	6
Supporting Innovative Well-being Initiatives	7
Investing into Future Generations	11
Connecting Families to Wellness	12
Welcoming the Community Back in Person	15
The Future of the District	16
Fiscal Transparency	17

Letter from the CEO

As we head into the 70th year since the founding of the Grossmont Healthcare District, I am pleased to share our 2020-2021 Annual Report. It is my first year as the Chief Executive Officer, and I am fortunate to have joined a dedicated, results-driven team which worked hard last year to serve East County despite the ongoing pandemic.

A lot has changed since our public hospital first opened its doors. Last year, we hosted the Sharp Grossmont Hospital team to operate one of the region's first COVID-19 vaccination superstations, which provided vaccine access to more than 15,000 essential workers and residents in a matter of weeks. We also celebrated 30 years of public/private partnership, which began with leasing hospital operations to Sharp HealthCare in 1991. Our collaborative working relationship is set to achieve further enhancements to our community's health and access to care, with voters extending this lease until 2051.

Gathering safely for the first time since March 2020 with some of our local partners also signaled hope for exciting community-focused collaborations ahead. Over the summer, the District

team introduced new annual events and public engagement opportunities. While connecting the community to wellness has always been at the heart of our mission, our 'Family End of Summer Palooza' event built on our tradition to offer free health resources and services to young families in community settings so we can meet people where they are. This year, we also debuted a new public art installation in our consumer health library, a Gratitude Tree mural where families can practice being thankful.

Also for the public was a new financial strategy that saves taxpayers \$4.4 million. I encourage you to review more information in our 'Fiscal Future' section where we expand on our finances for your review.

Looking ahead, we will embark on a new 3-year strategic plan that drives more equitable access to healthcare and wellness resources for all people in East County. I am honored to lead our team and community into the future.

Thank you for being an essential part of our efforts.

Christian Wallis



Chief Executive Officer



Your Healthcare District at a Glance

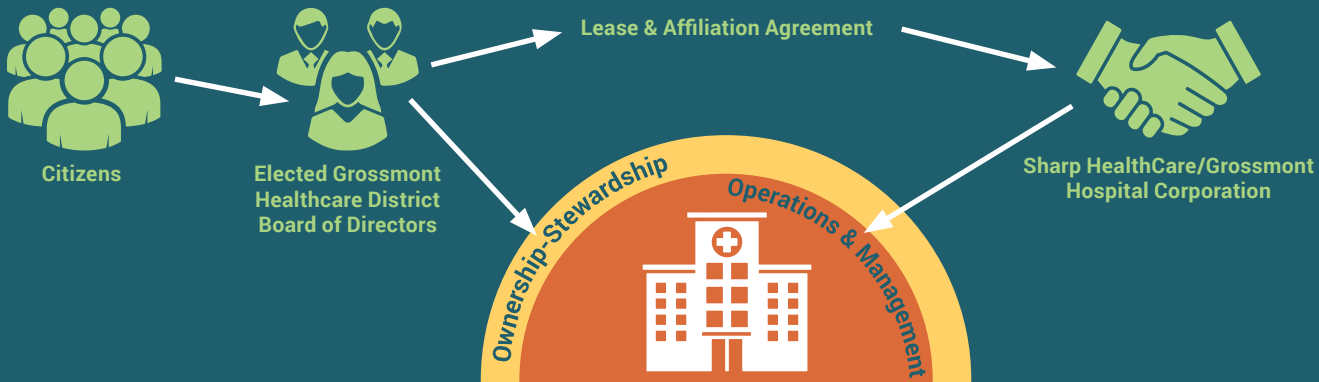
District Mission

As stewards of the public trust, your Grossmont Healthcare District will preserve and protect those resources entrusted to its care. To maintain and improve the physical and behavioral health of its constituents, we will:

- Partner with our hospital operator, Sharp HealthCare, to ensure access to state-of-the-art medical services at Grossmont Hospital for all of the residents of Grossmont Healthcare District and beyond.
- Anticipate and recognize the unmet health care needs of the communities we serve and support suitable services to the greatest extent possible consistent with available resources.

A Shared Responsibility

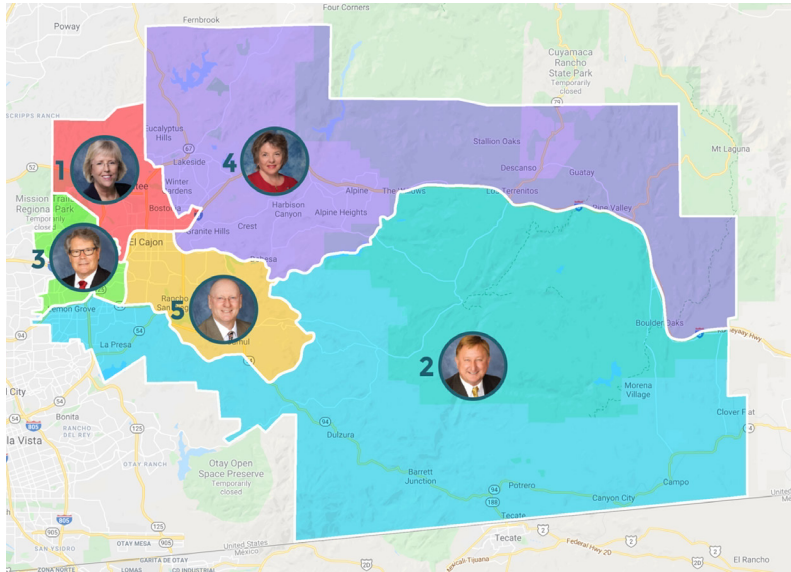
The Grossmont Healthcare District has a close relationship with Sharp HealthCare, although the District does not manage the business operations of Sharp Grossmont Hospital.



District Map and Board of Directors

Each of the five members of the GHD Board of Directors are elected by voters in the zone they represent:

- Zone 1** - Virginia Hall, RN
- Zone 2** - Randy Lenac
- Zone 3** - Michael Emerson, RDO, FNAO
- Zone 4** - Gloria Chadwick, RN
- Zone 5** - Robert "Bob" Ayres



Service Area
750 Sq. Miles



Total Population
509,560

Zone 1
101,363

Zone 2
101,474

Zone 3
102,105

Zone 4
101,702

Zone 5
102,916



Age Breakdown - 2019 Data

- 0-4 | 6.9%
- 5-14 | 12.2%
- 15-24 | 12.6%
- 25-44 | 28.4%
- 45-64 | 25.5%
- 65+ | 14.5%



Ethnicities - 2019 Data

- White | 57%
- Hispanic | 26.9%
- Black | 5.9%
- Asian | .5%
- NHPI | .5%
- AIAN* | .5%
- Other* | 4.1%

*NHPI refers Native Hawaiian or Pacific Islander; AIAN refers to American Indian/Alaskan Natives; Other includes 2 or more races

The Community's Local Hospital

Vaccination Superstation for the Community

In collaboration with Sharp Grossmont Hospital and County of San Diego Health and Human Services Agency, the District hosted a free COVID-19 vaccination clinic for local health care workers and individuals over the age of 65. In that time, over 15,000 community members received their first dose of the vaccine.

30-year Public/Private Partnership Anniversary

The District and Sharp Grossmont Hospital celebrated 30 years of public/private partnership, which began with leasing hospital operations to Sharp in 1991. Through Proposition H in 2014, 87% of voters backed a lease extension to 2051.

New Center for Neurosciences at Sharp Grossmont Hospital

To continue building a better hospital for the community, the District allocated up to \$4 million in matching funds toward the development of the new Sharp Center for Neurosciences at Sharp Grossmont Hospital. Once complete, the Center for Neurosciences will provide a total of 50 licensed beds. The new facility will create a full continuum of care for patients requiring these highly specialized services, featuring an inpatient progressive care unit, an inpatient rehabilitation unit, and a new 16-bed neuro-intensive care unit. The design will also include physical therapy and occupational therapy gymnasium areas.

Achievements



Newsweek's
**Best Maternity
Hospitals 2021**



Gold Standard Level 1
accreditation as an **"Accredited
Senior-Friendly Emergency
Department"** by the American
College of Emergency
Physicians (ACEP)



Grade A
Fall 2021 Leapfrog
Hospital Safety
Grade Survey



2,786 Total Births
Total number of
babies delivered
at the Hospital for
Women & Newborns



16,764 Patients
Total number of
patients helped
through financial
assistance



317,599 Patients
Total number of
patients served
(including in-patient
and out-patient)

Supporting Innovative Well-being Initiatives

In 2020-2021, GHD invested over \$1.3 million in grants and sponsorships for the benefit of residents served by local health organizations addressing priority health needs.

Estimated number of unduplicated residents served by grantees: 114,206

Alzheimer's SD	Dementia support and education	\$27,500
ElderHelp of San Diego	Care coordination program to provide seniors with preventative and proactive help	\$44,000
Jewish Family Service of San Diego	Food mobile home-delivered meals	\$40,000
Meals on Wheels	Support senior meal delivery with new transit van for distribution	\$39,377
Serving Seniors	Serving nutritious meals to low-income seniors	\$30,000

Aging

Total: \$180,877



Boys & Girls Club of East County	Fund for families in need scholarships	\$10,000
Center for Community Solutions	Trauma recovery integration counseling program	\$25,000
Home Start, Inc.	Specialized behavioral health services for victims of trauma, abuse, and crime	\$30,000
La Mesa City Hope	Rapid Response team that works with law enforcement and in schools to trauma/crisis/crime scenes	\$15,000
Survivors of Torture, International	Culturally and linguistically appropriate school-based child and adolescent mental health therapy	\$25,000
Trauma Intervention Programs of SD	Emotional First Aid training seminar for staff	\$8,000
Vista Hill	Mental / behavioral health, educational and social services	\$30,000
Caring Community Living With Cancer	Support groups to cancer patients and families	\$14,996

Total: \$143,000

Total: \$14,996

Chronic Conditions	Eric Paredes Save A Life Foundation	Smart Hearts Don't Miss a Beat: SCA Prevention Classroom Curriculum	\$10,000	Total: \$84,000
	The Jacobs & Cushman San Diego Food Bank	Emergency food relief for COVID-19 pandemic	\$14,000	
	La Maestra Family Clinic, Inc.	Glucose monitoring system treatment and covering the lab work cost of uninsured patients	\$35,000	
	Mama's Kitchen	Home-delivered meal services	\$25,000	
Direct Patient Care	Champions for Health	Project Access San Diego for patient care coordination	\$25,000	Total: \$173,270
	San Diego Blood Bank	Bloodmobile expansion for COVID-19 Convalescent Plasma Program	\$30,000	
	Volunteers in Medicine	Free medical clinic for uninsured residents	\$118,270	
Disability Services	Challenge Center	COVID-19 recovery, Independence and assisted fitness initiative for people with disabilities and seniors	\$25,000	Total: \$159,000
	Home of Guiding Hands	Quality nursing care for people with developmental disabilities	\$69,000	
	Noah Homes	Facilitation of virtual telemedicine appointments	\$40,000	
	St. Madeleine Sophie's Training Center	On-site nursing care services for adults with developmental disabilities	\$25,000	

Social Services	Burn Institute	Essential fire and burn prevention education	\$34,000	Total: \$309,000
	Crisis House	Camp HOME, directly serving abused children in Journey programs	\$25,000	
	San Diego Freedom Ranch	Upgrading buildings and ramps to meet ADA compliance and accessibility	\$250,000	
Sponsorships	American Heart Association	SD Heart & Stroke Walk	\$5,000	Total: \$18,000
	ElderHelp of San Diego	Essence of Life Awards & Charity Auction	\$3,000	
	Leukemia & Lymphoma Society	Light the Night	\$10,000	
Workforce Development	Grossmont Union High School District	GHD Health Career Pathway Initiative	\$202,500	Total: \$227,500
	Mountain Empire Union HSD	GHD Health Career Pathway Initiative	\$25,000	



Investing into Future Generations

High School Health Career Scholarship

- For local high school seniors who have expressed interest in a career as a healthcare professional
- **Winners found at:** www.grossmonthealthcare.org/past-scholarship-recipients/

Health Tech Scholarship

- Awarded to college students pursuing a career in health technology to encourage postsecondary education and skill development across a variety of disciplines
- **Winners:** Anna-Celia Camberos-Sanchez, Amanda Garoutte, Karla Rocio Ochoa, Joseph Vahle, India Wood

Behavioral Health Scholarship

- Awarded to individuals who are advancing their career in behavioral health by pursuing a graduate degree to encourage career development
- **Winners:** Azeem Anjum, Theresa Carroll, Joy Melhado, Cody Nugent, Mark Rutherford

Advanced Registered Nursing Scholarship

- Awarded to Registered Nurses working in the East Region who have been accepted in Nurse Practitioner (NP) or Physician Assistant (PA) programs to encourage professional development
- **Winners:** Julienne Michelle Baugh, Shalaine Corbilla, Richard Tran

Richard J. Bea Nursing Scholarship

- Awarded to college students working toward licensure as a Registered Nurse to encourage the development of nurses new to the profession
- **Winners:** Patricia Cannock & Robert Willis



"The successful future of nursing will be a community effort. As scientists do their part to develop treatments, and care providers implement these new tools, communities must also rise to action and support nursing. The COVID battle can be won, but the future of nursing is in the hands of the many to empower the courageous few."

Robert Willis, Richard J Bea Nursing Scholarship Winner

Connecting Families to Wellness

In preparation for an academic year where many local school districts were easing back into in-person learning during COVID-19, we launched our 'Family End of Summer Palooza,' a back-to-school fair providing resources for local young families. Held at Briercrest Park, the Palooza featured partners that directly serve East County residents, fostering a community space for free health education and services.

For those able to give, canned and boxed food was collected during the event for community members in need. In partnership with the San Diego Food Bank, a total of 205 pounds of food was donated. To combat the rising COVID-19 numbers in unvaccinated residents, the event featured Family Health Centers of San Diego, hosting a COVID-19 vaccine clinic for ages 12 and up. Ending with a fresh fruit giveaway and a Zumba exercise class for all ages with the YMCA, GHD provided health-related opportunities for 350 families in attendance.

Blue Shield of California generously donated \$1,000 for the purchase of the backpacks. Aetna also donated most of the school supplies for the giveaway. Additional partners supporting the event included Neighborhood Healthcare, La Maestra, El Cajon Valley High School Community Center, San Ysidro Health, Molina Healthcare, and Love on a Leash.





In collaboration with Sharp HealthCare's Community Health Library, librarian Joanna Ritchie led a story-time during our End of Summer Palooza. Also joined by dogs from Love on a Leash, combining our partner's strengths enables us to create brighter futures and engaging spaces for the children and families we serve.



350
Families in
Attendance



437
Children's Books
Given Away to
Foster Literacy





Welcoming the Community Back in Person

Even while our Library doors were closed, we remained an accessible resource to those seeking reliable health information.

As we safely reopened our library space to the public, we debuted our Gratitude Tree mural. Displayed in our children's nook, the mural engages all ages and strives to improve emotional and mental well-being.

Throughout the year, we answered 539 reference questions to assist the community with their health needs.

*healthy from
your roots
to your leaves*

What are
you THANKFUL

The Future of the District

Another major milestone of this past year was the establishment of a new 3-year agencywide Strategic Plan. Resulting from a collective effort among agency staff, board of directors, and the public, the plan offers a road map for fulfilling our mission in the near future. With pillars focused on community health and wellness, our hospital partnership, and chronic disease prevention, this path forward brings diverse perspectives together to reflect on what it means to be healthy during the times in which we live.



Strategic Priority 1 Community Health & Wellness

Goal 1: Drive community awareness and connect residents to resources that promote health and wellness for all

Goal 2: Strengthen and diversify partnerships and external funding to address community health and wellness needs

Goal 3: Identify at risk populations and develop efforts that impact their community health and wellness needs



Strategic Priority 2 Hospital Partnership

Goal 1: Collaborate with the hospital to engage community partnerships and local municipalities in major health and wellness initiatives that impact East San Diego County residents

Goal 2: Enhance partnership on hospital and community programs and outreach to increase awareness of care options

Goal 3: Forecast healthcare workforce needs and implement programs to build future health professionals



Strategic Priority 3 Chronic Disease

Goal 1: Decrease risk factors that lead to chronic disease with added emphasis on those who have higher than average rates

Goal 2: Increase health literacy that empowers people to make better lifestyle choices and reduce chronic disease

Increasing accessibility to health and wellness

Fiscal Transparency

Contributions to Grossmont Hospital | 13.5% | \$2,628,000

Includes general operating support for Grossmont Hospital and funds to cover short falls from underinsured Medicare services.

Facility Expenses | 2.3% | \$442,432

Includes expenses associate with Grossmont Healthcare District and Herrick Library physical buildings in La Mesa, including but not limited to security, communications and technology maintenance, landscape and janitorial services, utilities, insurance, and capital asset purchases.

Library | 2.1% | \$403,953

Includes operational costs for Dr. William C. Herrick Community Health Care Library salaries and benefits, technology maintenance, print and online resources, professional memberships, meetings and travel, and other miscellaneous equipment, supplies and services.

Community Healthcare | 7.5% | \$1,464,791

Includes expenses associated with community health grants and sponsorships to community-based organizations and Grossmont Hospital, health care career scholarships, community health fairs and award events, and pre- and post-award grant audits.

Administrative | 10.7% | \$2,068,470

Includes operational costs such as salaries, benefits, office supplies, equipment rental, board of director meeting expenses and stipends, travel, seminars, and professional services such as General Counsel, independent audits, and communications/advertising.

Prop G Expenses | 63.9% | \$12,413,207

Includes bond principle payments, bond interest payments, legal fees, and legal fee reimbursements associated with hospital construction financed through the \$247 million Prop G bond measure, which was passed by voters in 2006 and completed in 2018.



Fiscal Future

In late 2021, the GHD Board of Directors authorized staff to initiate efforts that will save taxpayers millions of dollars in the years to come. These include:

- Refinancing \$14.4 million of outstanding bonds originally issued in 2011 to finance improvements to Grossmont Hospital. Because these bonds were reissued at a lower rate of interest, the District is saving its taxpayers \$4.4 million.
- Establishing a contract with a reputable professional investment firm to manage a more diverse portfolio of investments, and earn a much greater return that can be reinvested in programs to maintain and improve the physical and behavioral health of our community.

At the end of the year, the District also received \$47,117 in COVID-19 relief funding by the State Legislature and Governor Gavin Newsom in the 2021-2022 State Budget. This funding has been used to assist in the distribution of free COVID-19 at-home test kits for the community in early 2022.

Join us for board meetings on the First Monday or Third Friday of every month at 7:30AM

Grossmont Healthcare District
9001 Wakarusa Street
La Mesa, CA 91942

Stay Connected

Each month we share free health and wellness resources, events & important announcements that impact residents in East County.

Scan the QR code below to receive these community updates.



www.grossmonthhealthcare.org



info@grossmonthhealthcare.org



619.825.5050



[@GrossmontHealth](https://twitter.com/GrossmontHealth)



[Grossmont Healthcare District](https://www.linkedin.com/company/grossmont-healthcare-district)